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### American Pain Foundation

A United Voice of Hope and Power over Pain

# American Pain Foundation Today and Tomorrow

November 2011

## **About APF**

An independent, nonprofit organization serving **people** with pain through information, advocacy and support





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## Vision and Mission

**Vision**: To eliminate pain as a major public health problem.

**Mission**: To educate, support and advocate for people affected by pain.

**Strategic Vision**: APF is 2 million supported and supportive members.



## Advocacy

- Pain Care Forum: Principal organizer and leader of 62 member organization coalition committed to improving federal pain policy
- American Pain Foundation Action Network: National Advocacy Network of educated and trained advocates
- Washington State Advocacy Focus
- Principal organization in the newly formed State Pain Policy Action Coalition
- "The Pain Project": To be launched in 2012. A viral strategy for building a pain movement, gathering vital data, targeting advocacy and educational actions



## **Pain Care Forum**

- •62 Member organizations representing patients, nurses, pharmacists, doctors, hospice, abuse community, pain education, medical ethics, and pain policy
- Task Forces: a) REMS, B) Acetaminophen, C) Legislative,
- D) IOM Task Force
  - Each with Action Sub-committees
- •REMS Task Force: 35 organizations:
  - Created coordinated messaging to the FDA
  - Active presence at public meetings
  - Over 2,500 responses to the FDA Docket
    - APF Public Petition had over 4,000 submissions
  - 4 sub-committees---Legislative, Congressional Strategy, Messaging, and Data Points

## **Pain Care Forum**

- Acetaminophen Task Force: 16 organizations:
  - Produced and disseminated messages regarding the FDA
     Advisory Committee acetaminophen recommendations
  - Generated over 250 responses to the FDA Docket
  - APF Public Petition: (http://www.thepetitionsite.com/petition/362024837)
    - Generated over 3,200 submissions in 3 weeks
  - 3 subcommittees---Scientific Meeting, Icon, and Education
    - Ongoing education and strategizing



# Legislative Strategy Committee

- Successfully passed the Veteran's Pain Bill in 2008; the Military Pain Bill in 2009; and the provisions of the National Pain Care Policy Act in 2010
- The Veteran and Military Pain Bills require VA and DOD require each to develop comprehensive pain treatment plans to be implemented and progress reported to Congress annually
- The NPCPA provisions include: a) IOM Conference and Report; b) NIH Research Plan and Interagency Advisory Committee; c) HRSA Training and Education Grants
   Program

## **IOM Task Force**

### Task Force Actions:

- Distributed information about IOM Report to 800+ organizations
- Engaged and continues to work with the CDC to implement CDC recommendations in IOM Report
- Commitment from Senator Harkin to hold a HELP Committee Hearing on the IOM Report
- Committed to long-term work to promote implementation of IOM recommendations





## **Grassroots In Action**

- APF Action Network: <a href="http://www.painfoundation.org/take-action/action-network/">http://www.painfoundation.org/take-action/action-network/</a>
  - Combined force of trained persons living with pain and healthcare professionals
  - Database of over 40,000 available to take action

#### Activities:

- Advocacy actions at state and national levels
- Public awareness activities
- Focus on activities during Pain Awareness Month (PAM)
- Action Network Summit
  - Training and Alliance Building of action leaders <u>AND</u> advocates from over 17 national organizations



# Online Advocacy Center Targeted Actions For Results

2010 State Alert/Announcement Summary Total # of Alerts – 75

#### Focus included:

- Step Therapy & Therapeutic Switching
- Worker's Compensation/Chronic Pain Guidelines
- Washington State Policy issues
- Announcements of Action Network events
- State targeted, for national effort Shingles vaccine, IOM study involvement, PMDP issues, Pain Mill issues



## Summit 2009



## **EDUCATION**

## Principal Educational Efforts

- Website: Thousands of pages of educational and support information
- Publications: Treatment Options, Exit Wounds, Is Fibro the Cause, Resource Guide, Bill of Rights, Describa Su Dolor, a dozen other
- Pain Community News and Pain Monitor
- PainSAFE
- NIPC
- Med Ed
- Community Events



## Educational Initiatives (cont)

"Spotlights On..." Breakthrough Cancer Pain, on Shingles,
 Military and Veterans Pain, Back Pain, Pain In Older
 Adults (2012)



### APF IS THE LEADING GO-TO RESOURCE FOR MEDIA COVERING PAIN







PBS **NEWSHOUR** 



















# APF IS REACHING MILLIONS— THROUGH PROACTIVE MEDIA OUTREACH AND CONTROLLED COMMUNICATION STRATEGIES

**TOTAL MEDIA IMPRESSIONS IN 2010:** 

405,785,000 +

145 media placements

# MEDIA IMPRESSIONS FIRST HALF 2011: 286 million +

211 media placements and growing!





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# The Pain Project 2012 to 2016

**Concept Overview** 

# 2012 to 2016 STRATEGIC OBJECTIVES

- APF conducted an intense Strategic Planning Process in 2010 and articulated a focus on CAPACITY
- "Capacity" means: 2 million satisfied and engaged members
- 2 million members means:
  - Significantly greater ability to help people in pain
  - Significantly greater advocacy strength
  - Significantly greater and more diversified funding



## What Will It Take?

- A smart, scalable and cutting-edge campaign that engages large numbers and speaks directly to the population of people with pain and the public that....
  - Goes OUTSIDE THE BOX
  - Allows their voice to be heard
  - Visibly shows the state of pain care in America
  - Is highly scalable
  - Creates a simple and dynamic resource/support locator (e.g., local support groups)

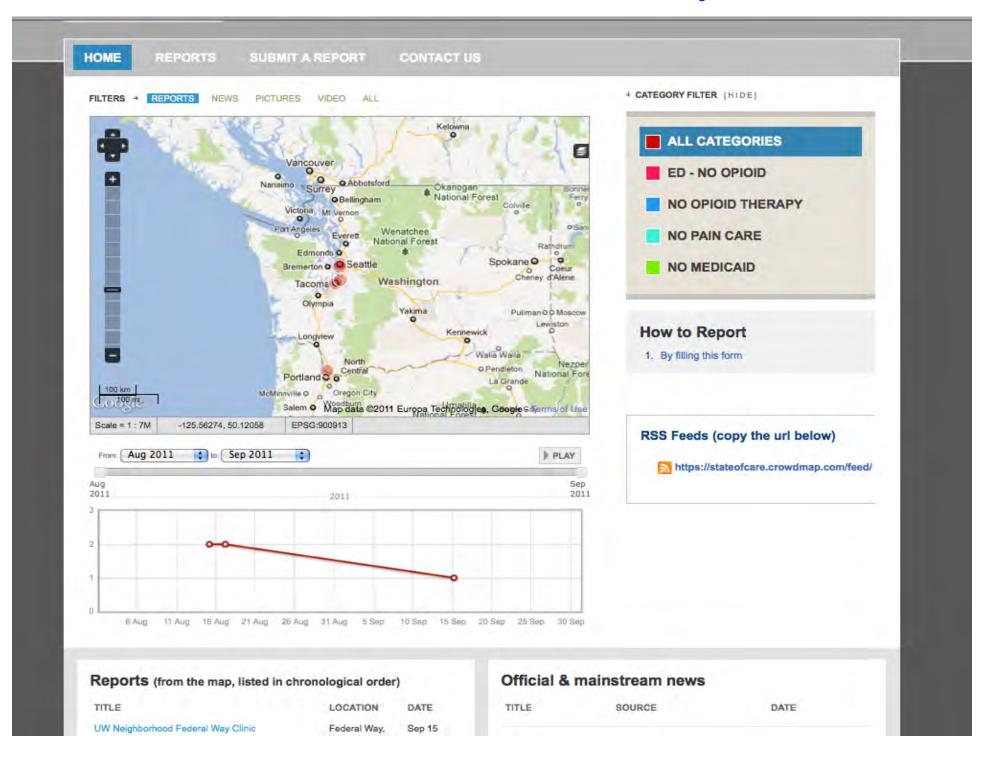
## So What is "It?"

The Pain Project
www.painproject.org
Powered by the APF



## **Core Elements**

- Dynamic "state of care map:" Interactive blog + mapping software interface allowing anyone to report on barriers that impede access and visibly displays state by state crisis facing PWPs
- 2. Dynamic "support map:" Interactive blog, combined with social media (FB, Twitter, Meetups) establishing an interactive portal to connect with local supports
- 3. Linkage to APF Educational and Support Services utilizing newly established APF Constituent Management Capacity
- 4. Action oriented engagement: blogs, petitions, story telling, issue advocacy
- 5. Full engagement of APF Action Network at local levels



## Benefits

- A major engagement mechanism to attract and retain members
- A major resource for issue data including numbers, types of issues, potential advocates and spokespersons
- A major capacity to "get personal and local"
- A major resource for advocacy planning and actions
- Visible place to show the specific policy initiatives of the SPPAC
- Portal to connect each Action Network leader to potential "troops" in their states



# Cutting Through the "Noise"



### **Outcomes**

- A large-scale MOVEMENT to change pain care and policy
- Stakeholder engagement in a way we never have before
   = an engine for rapid and sustained membership growth
- Leveraging of grassroots, bottom up energy to build the movement, through FB, Twitter, Meetups, etc.
- Integration of core capacities of the APF (e.g., Action Network, CMS, Education and Support Services)
- A public "Storefront" for PWPs to be heard and find support





